



ASSISTANCE IN RECOVERY

Improving lives together

Interventions for Drug Addiction

It's a frightening thing to realize your loved one's drug use may be more than casual. For many families, it's difficult enough to know he or she is using at all, let alone discovering the dangerous pastime has gotten out of control.

If someone you care about exhibits any of the following, his or her drug use may be addiction:

- Being unable to predict what will happen when he or she uses the substance
- Spending an exorbitant amount of time thinking about taking the drug
- Saying he or she can quit, but being unable to
- Mood swings
- Becoming unreliable, stealing from and lying to those around him or her
- Difficulty concentrating on projects and tasks
- Isolating one's self
- Appearing depressed

However painful and confusing to deal with, drug addiction is *not incurable*.

It may feel as though the options have run out. You may think you're done with the situation, fed up with the pain that accompanies the drugs. You may have spent all you have on helping a loved one get better but found him or her still slave to addiction.

Whatever your circumstance, do not give up hope. We can help.

Using AiR's proven method for drug interventions, the healing begins with you, your family and the addiction coming between you and your loved one. We meet with you and others affected by a loved one's addiction to educate, empower and provide the insight needed to properly deal with the situation—discarding regret, pain, guilt and fear to regain your life while supporting the recovery of the addict.

Call us at 800-561-8158 today and tell us about your situation, learn more about how to initiate an intervention and **what to expect** from the process.