



ASSISTANCE IN RECOVERY

Improving lives together

Interventions for Eating Disorders

Eating disorders are often coping mechanisms for some who find deeper problems difficult to address directly. Through exerting absolute control over one of the most fundamental needs in life, one may feel as though he or she has more control over the more unmanageable aspects of life.

Though people typically picture those afflicted with eating disorders as young women in adolescence or young adulthood, older women and men of all ages can and do develop eating disorders.

In addition, though anorexia and bulimia are commonly known eating disorders, over-exercising, orthorexia, binge-eating disorder and others can also afflict people of any age and gender.

These disorders can be overcome with correct help. Through eating disorder intervention the afflicted individual and his or her family can begin the long and difficult process of healing.

Call us at 800-561-8158 today and tell us about your situation, learn more about how to initiate an intervention and **what to expect** from the process.