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ASSISTANCE IN RECOVERY

*Improving lives together*

## **Interventions for Mental Health Disorders**

A broad term for a number of mental and emotional conditions, mental health disorders all have negative effects on the outlook on and quality of one's life.

Problems with mental health can adversely affect one's social and personal lives, cause changes or absences in interests and interfere with one's ability to perform tasks, from work and school, to maintaining a regular home life.

A few of the many types of mental health disorders include anxiety, depression and obsessive-compulsive disorder (OCD); mental health disorders can also be attributed to conventionally more serious disorders like schizophrenia or be side effects or origins of addictions or other behavioral health problems.

If you have concerns for a loved one's mental health, intervention may be the best way to address these concerns. While helping your loved one understand the implications and consequences of mental health disorders, interventions urge him or her to receive help and fully regain a stable state of mental health.

Our trained professionals have extensive experience and training with many types of mental health disorders. They have the appropriate connections with which to confer and identify the steps necessary to provide all involved the help needed – no matter what stage.

**Call us at 800-561-8158 today** and tell us about your situation, learn more about how to initiate an intervention and **what to expect** from the process.