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ASSISTANCE IN RECOVERY

*Improving lives together*

### **3-month Recovery Assistance Program**

Our three-month program provides a client with direction, support, and accountability during that crucial reintegration period directly following inpatient treatment. The initial readjustment period is of utmost importance to the patient and family, so here at AiR, we offer assistance and coaching in helping the client get a sturdy support system in place as he or she transitions into recovery. We hope it will widen the pool of people we are able to help find strong recovery.

This 90-day package features:

- An implementation of the continuing care plan, coaching and individualized attention for both client and family, follow up, and reporting
- Recovery support and accountability to the participant during the transition from treatment into recovery
- An assigned counselor, or case manager, working with the client to stay on track
- Counseling and maintained contact with loved ones regarding progress
- Increased recovery rates from 50% to 85%

Continuing care is the key to lasting recovery. The program allows an individual to continue what treatment began, and make a lasting change to live a healthier, more complete life with recovery assistance. **In five years, AiR has now helped 600+ participants and families improve their recovery through RAP.**